

HEALTH

BIG IDEAS

HEALTH SERVICES

- Push for more services!
- Service exchange
- Bring food for people
- Call back services (suicide/counselling)
- Support programs - led by groups that use it
- Create safe spaces
- Housing security
- Online resources
- Invest in family/youth support



This data has been shared by participants of the Byron Shire Resilience and Regeneration Roadshow Feb to April 2021

Resilient Byron

Find out how to get involved.
Visit www.resilientbyron.org



COMMUNITY ENGAGEMENT

- Community hubs
- Volunteering
- First nation engagement
- Reconnection to country
- Events, clubs, workshops
- Neighbourhood gatherings
- More leaders to talk openly
- Creative engagement
- Destigmatise mental health
- Know your health professionals